

# ANESTHESIA PROTOCOL EXAMPLES FROM THE EXPERTS

## ANESTHESIA PROTOCOL EXAMPLE

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### WITHOUT IV PROPOFOL:

- **Patient Check-in:**
  - Valium 10mg po
  - Promethazine 25mg po
  - Ibuprofen 800mg po
  - Tramadol 25mg po
- **Pre-Op:**
  - Mix 15cc 1% lidocaine or 0.25% bupivacaine + 5cc of 1% lidocaine with epinephrine: inject via 20 or 22 gauge needle at 2,4,8 & 10 o'clock in cervix & myometrium
- **Post-Op:** Ibuprofen + tramadol 50mg (1 or 2) po every 4 hours for three doses and then as needed

### WITH IV PROPOFOL:

- **Patient Check-in:**
  - Valium 10mg po
  - Promethazine 25mg po
  - Tramadol 25mg po
  - Ketorolac 60mg IV
- **Pre-Op:**
  - Mix 15cc 1% lidocaine or 0.25% bupivacaine + 5cc of 1% lidocaine with epinephrine: inject via 20 or 22 gauge needle at 2,4,8 & 10 o'clock in cervix & myometrium
- **Post-Op:** tramadol 50mg (1 or 2) po every 4 hours for three doses and then it is as needed

# ANESTHESIA PROTOCOL EXAMPLE

JOE MASSEY, MD

Servy Massey Fertility Institute  
Braselton, GA

## PRIOR TO ARRIVAL:

- 400-600mg Ibuprofen po

## PRE-OP:

- Insert 10mg benzocaine vaginal suppository
- Consider Toradol 50mg IM
- Wait at least 20 minutes

## PROCEDURE:

- Administer paracervical block & wait 5 minutes

# ANESTHESIA RESOURCES

MALCOLM MUNRO, MD

Clinical Professor, UCLA

## LOCAL ANESTHESIA FOR UTERINE PROCEDURES

1

<https://bit.ly/2u8kkoy>

**Description:** Video demonstrating Dr. Munro's technique of using 5 different methods employed on a given patient to obtain anesthesia for intrauterine procedures

## OFFICE DIAGNOSTIC AND OPERATIVE HYSTEROSCOPY USING LOCAL ANESTHESIA ONLY

2

<https://bit.ly/2HxjABi>

**Description:** Published paper demonstrating the efficacy data in patients using Dr. Munro's technique demonstrated in the above video

## RECONSTRUCTIVE AND REPRODUCTIVE SURGERY IN GYNECOLOGY, 2ND EDITION

3

<https://amzn.to/2VZJ2Dn>

**Description:** Text book on reconstructive and reproductive surgery, accompanied by Dr. Munro's anesthesia video in DVD format

## USE OF LOCAL ANESTHESIA FOR OFFICE DIAGNOSTIC & OPERATIVE HYSTEROSCOPY

4

<https://bit.ly/2TPYkNm>

**Description:** Published paper on the use of local anesthesia for office diagnostic and operative hysteroscopy