

ANESTHESIA PROTOCOL EXAMPLES FROM THE EXPERTS

ANESTHESIA PROTOCOL EXAMPLE

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WITHOUT IV PROPOFOL:

- **Patient Check-in:**
 - Valium 10mg po
 - Promethazine 25mg po
 - Ibuprofen 800mg po
 - Tramadol 25mg po
- **Pre-Op:**
 - Mix 15cc 1% lidocaine or 0.25% bupivacaine + 5cc of 1% lidocaine with epinephrine: inject via 20 or 22 gauge needle at 2,4,8 & 10 o'clock in cervix & myometrium
- **Post-Op:** Ibuprofen + tramadol 50mg (1 or 2) po every 4 hours for three doses and then as needed

WITH IV PROPOFOL:

- **Patient Check-in:**
 - Valium 10mg po
 - Promethazine 25mg po
 - Tramadol 25mg po
 - Ketorolac 60mg IV
- **Pre-Op:**
 - Mix 15cc 1% lidocaine or 0.25% bupivacaine + 5cc of 1% lidocaine with epinephrine: inject via 20 or 22 gauge needle at 2,4,8 & 10 o'clock in cervix & myometrium
- **Post-Op:** tramadol 50mg (1 or 2) po every 4 hours for three doses and then as needed

ANESTHESIA PROTOCOL EXAMPLE

JOE MASSEY, MD

Servy Massey Fertility Institute
Braselton, GA

PRIOR TO ARRIVAL:

- 400-600mg Ibuprofen po

PRE-OP:

- Insert 10mg benzocaine vaginal suppository
- Consider Toradol 50mg IM
- Wait at least 20 minutes

PROCEDURE:

- Administer paracervical block & wait 5 minutes

ANESTHESIA RESOURCES

MALCOLM MUNRO, MD

Clinical Professor, UCLA

LOCAL ANESTHESIA FOR UTERINE PROCEDURES

<https://bit.ly/2u8kkoy>

1

Description: Video demonstrating Dr. Munro's technique of using 5 different methods employed on a given patient to obtain anesthesia for intrauterine procedures

OFFICE DIAGNOSTIC AND OPERATIVE HYSTEROSCOPY USING LOCAL ANESTHESIA ONLY

<https://bit.ly/2HxjABi>

2

Description: Published paper demonstrating the efficacy data in patients using Dr. Munro's technique demonstrated in the above video

RECONSTRUCTIVE AND REPRODUCTIVE SURGERY IN GYNECOLOGY, 2ND EDITION

<https://amzn.to/2VZJ2Dn>

3

Description: Text book on reconstructive and reproductive surgery, accompanied by Dr. Munro's anesthesia video in DVD format

USE OF LOCAL ANESTHESIA FOR OFFICE DIAGNOSTIC & OPERATIVE HYSTEROSCOPY

<https://bit.ly/2TPYkNm>

4

Description: Published paper on the use of local anesthesia for office diagnostic and operative hysteroscopy

These are provided as examples only and each practice should determine their own protocol based on the clinical needs of each patient.

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